



# STEVEN R. SIGALOVE, FACCS

resident physician profile

Dr. Steven Sigalove is a board-certified plastic surgeon who recently relocated to Paradise Valley after practicing for 15 years in Chicago. Dr. Sigalove specializes in aesthetic breast revisionary surgery, facial aesthetics, and body contouring. Dr. Sigalove grew up in Ohio and attended University School, a private prep school for boys on the east side of Cleveland. Dr. Sigalove received his undergraduate degree from Boston College, majoring in history and economics and also being captain of the men's varsity tennis team, earning All-Big East honors all four years. Dr. Sigalove played professional tennis for one year before returning to the University of Pennsylvania to pursue a premedical curriculum in their prestigious post-baccalaureate pre-healthcare program. From Philadelphia, Dr. Sigalove moved to Chicago, where he attended medical school at The Chicago Medical School. His career in surgery began at Rush Presbyterian St. Luke's Medical Center and Cook County Hospital in Chicago, where he did his residency in General Surgery. Dr. Sigalove then pursued a Hand Surgery fellowship for one year while still at Rush University St. Luke's Medical Center, and finally did his residency in plastic, reconstructive, and aesthetic surgery at The University of Illinois at Chicago.

Dr. Sigalove completed his residency in plastic, reconstructive, and aesthetic surgery in June 2004. He began private practice at the DuPage Medical Group, a large multispecialty group in the

western suburbs of Chicago in August 2004. He remained at the DuPage Medical Group in Chicago until November 1, 2018, when he joined the aesthetic practice of Dr. Robert Cohen at the Scottsdale Center for Plastic Surgery in Paradise Valley.

Dr. Sigalove had been surrounded by medicine throughout his entire life. Growing up with a father as a hematologist and a mother as a nurse, medicine was instilled into him at a very young age. Possessing a caring and nurturing personality as well as the desire to continually learn new things, Dr. Sigalove knew that medicine was the right field for him. During his general surgical residency, Dr. Sigalove was exposed to large numbers of patients with severe facial trauma, particularly at Cook County Hospital. This experience, as well as his rotations at the burn unit, led him to choose plastic surgery as his designated specialty. He enjoyed being able to repair facial fractures, mandible fractures, and skull fractures with small plates and screws. He took pride at being able to reconstruct a woman's breast following a mastectomy. His keen love of human anatomy as well as having an aesthetic eye drew

him to the field of plastic surgery.

Dr. Sigalove has become one of the world's leading experts in both aesthetic and reconstructive breast surgery. He has published extensively in peer-reviewed journals, lectures both nationally and internationally, and has recently published the world's first textbook on prepectoral breast reconstruction. He was one of the early pioneers of prepectoral breast reconstruction, whereby implants are no longer required to be placed under the pectoralis major muscle, which has simplified and reduced postoperative recoveries for his patients. He has taken his vast and highly published experience in prepectoral breast reconstruction and has brought it to his aesthetic breast practice for specific patients. In addition to aesthetic breast surgery, he also specializes in aesthetic facial surgery and routinely performs facelifts, browlifts, and blepharoplasties.

Dr. Sigalove stresses the importance of seeking aesthetic surgical advice from a board-certified plastic surgeon. The state of Arizona has many non-board-certified physicians performing aesthetic surgical procedures, never having gone through the rigors of a formal plastic surgery res-

idency program, or having to adhere to the strict guidelines put forth by the American Board of Plastic Surgeons. It is thus in the best interests of patients and their family members only to seek treatment with a plastic surgeon certified by the American Board of Plastic Surgery.

Dr. Sigalove moved to the Clearwater Hills community of Paradise Valley with wife and two children earlier this fall. He chose Paradise Valley for its serenity and natural beauty; his particular neighborhood for its dramatic views of Camelback Mountain and the Phoenix Mountain Preserve, as well as its proximity to work and his children's school.

Dr. Sigalove grew up in the western suburbs of Cleveland and lived there until college. He is married to his wife Noemi, an oncologic breast surgeon and they have 17-year-old boy-girl twins, Jackson and Isabella. In his spare time, Dr. Sigalove loves skiing, mountain biking, and hiking with his family. Moving to Arizona has given him the ability to enjoy all of his passions throughout the year. When not working or enjoying the outdoors, Dr. Sigalove enjoys playing piano and playing with his dogs Max and Cassie (English Bulldog and Rottweiler).



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